

**UNGRADED OPEN TRACK & FIELD MEETING**

**SATURDAY 4 SEPTEMBER 2010**

**THE MARLOWE ACADEMY, RAMSGATE**

1100	200m	U13 & over
1100	Hammer	U13 & over
1100	Pole Vault 1	U13/U15
1100	Shot 1	U11 only
1130	600m	U11 only
1200	70m Hurdles	U13 G
1200	Long Jump 1	U11 only
1200	High Jump 1	U13/U15
1200	Long Jump 2	U17 & over
1210	75m Hurdles	U13 B/U15 G
1220	80m Hurdles	U15B/U17W
1230	100m Hurdles	U17M/JW/SW
1230	Pole Vault 2	U17 & over
1230	Discus	U13 & over
1240	110m Hurdles	SM
1300	150m	U11 only
1300	Long Jump 3	U13/U15
1330	800m	U13 & over
1400	75m	U11 only
1400	Javelin	U11 only
1400	High Jump 2	U17 & over
1420	100m	U13 & over
1500	1500m	U13 & over
1500	Shot 2	U13 & over
1500	Javelin 3	U13 & over

Entry fee £3.00 for up to three events. Entries in advance to:

**Kim Weaving, 82 Nixon Avenue, Ramsgate, Kent CT12 6BQ**

**Cheques payable to Thanet Athletics Club**

**Closing date for entries is 31 August 2010**

Please collect numbers 45 minutes before your first event

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Name: \_\_\_\_\_ Club: \_\_\_\_\_ DOB: \_\_\_\_\_

Club: \_\_\_\_\_

Event \_\_\_\_\_ PB \_\_\_\_\_ Event \_\_\_\_\_ PB \_\_\_\_\_ Event \_\_\_\_\_ PB \_\_\_\_\_

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Event \_\_\_\_\_ PB \_\_\_\_\_ Event \_\_\_\_\_ PB \_\_\_\_\_ Event \_\_\_\_\_ PB \_\_\_\_\_

Signed \_\_\_\_\_  
 (Parent or Guardian to sign if competitor is under 16)