

29 Sep 18

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SP7.26K SM												
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB				
1	10.84	Peter Mayfield	SB	V40	M	Belgrave/Southern Counties Vets	10.84	11.91				
SP7.26K M35												
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB				
P	8.46	Frank Womelsdorf	PB	V35	M	4	Serpentine/Germany	8.46	8.55			
P	8.36	David Cull		V35	M	2	Serpentine	8.89	8.89			
SP6K M55												
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB				
1	8.99	Kevin Baker	PB	V55	M	2	Crawley/Southern Counties Vets	8.99	8.99			
2	7.21	Richard Halsey		V55	M	1	Alex Ahmet	Radley/Southern Counties Vets	7.67	8.73		
SP5K M65												
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB				
P	10.58	Tony Richards		V65	M	5	Highgate/Veterans/Croydon	11.40	12.81			
P	6.38	Patrick Reynolds		V65	M	4	Veterans/Barnet/Ireland	8.62	8.62			
SP4K U15M												
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB				
1	11.28	Callum Taylor	PB	U15	M	2	Malcolm Rogers	City of Portsmouth	11.28	11.28		
SP4K M75												

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
P	8.69	John Gilbert	SB V75	M	1	Invicta East Kent/Veterans/Southern Counties Vets	8.69	10.36	
P	4.76	Kevin Burnett	V75	M	5	Striders of Croydon/Hercules Wimbledon	4.82	6.90	
SP4K SW									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	7.45	Emma Croton	PB SEN	W		Brighton & Hove	7.45	7.45	

SP3K U13M									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	8.84	Alexander Abebrese	U13	M	1	Herne Hill	9.02	12.99	
2	8.08	Andrew Barrett	PB U13	M	2	Herne Hill	8.08	8.08	

SP3K SW									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	12.46	Je'nae James	PB U15	W	Debbie Cook	Herne Hill	12.46	12.65	
2	12.16	Gabriella Jones	U15	W	Bronwin Carter	City of Portsmouth	12.69	12.91	
3	11.33	Olivia Austin	U15	W	David Callaway	Southampton	12.13	13.10	
4	10.46	Alexys Archie	PB U15	W		Herne Hill	10.46	11.16	
5	9.59	Sharon St Luce	V60	W	Anthony Soalla-Bell	Herne Hill	9.99	9.99	
6	7.67	Freya Baker	U17	W	Bob Willows	Crawley	8.39	8.84	
7	6.54	Sophia Richardson	PB U15	W		Thanet AC	6.54	6.54	
8	5.84	Hel James	PB V65	W		Serpentine/Hastings AC/Veterans	5.84	5.84	

SP3K W50									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
P	6.78	Tracey Brockbank	V50	W	4 Mike Ellis-Martin	Brighton & Hove/Southern Counties Vets	6.86	6.86	
P	5.61	Judith Carder	V60	W	12 Mike Ellis-Martin	Brighton & Hove	5.80	6.05	

SP2.72K U13W									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	8.90	Emma Kimber	PB U13	W	2	Crawley	8.92	8.92	
2	7.36	Sadie Werrett	U13	W	2 Martyn Blackwell	Bedford & County	7.46	7.46	

WT15.88K M35										
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
P	5.90	David Cull	PB V35	M	2	Serpentine	5.90	5.90		
P	5.82	Frank Womelsdorf	PB V35	M	4	Serpentine/Germany	5.82	5.82		

WT9.08K M65										
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
P	8.76	Tony Richards	V65	M	5	Highgate/Veterans/Croydon	10.65	12.11		
P	8.74	Patrick Reynolds	PB V65	M	4	Veterans/Barnet/Ireland	8.74	8.87		

WT7.26K X50											
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB			
P	10.48	John Gilbert	V75	M	26	Invicta East Kent/Veterans/Southern Counties Vets	11.27	12.70			
P	5.84	Tracey Brockbank	SB V50	W	4	Mike Ellis-Martin	Brighton & Hove/Southern Counties Vets	5.84	7.40		
P	5.66	Kevin Burnett	SB V75	M	30	Striders of Croydon/Hercules Wimbledon	5.66	7.77			

WT5.45K W60										
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
P	6.34	Judith Carder	SB V60	W	2	Mike Ellis-Martin	Brighton & Hove	6.34	7.51	

DT2K SM										
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
1	39.56	Nile Cook	PB U23	M	Keith Daws	Sutton & District/Kingston Uni/Croydon	39.56	39.70		
2	33.73	Peter Mayfield	V40	M		Belgrave/Southern Counties Vets	34.61	38.82		

DT2K M35										
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
P	23.82	David Cull	V35	M	2	Serpentine	24.59	24.59		
P	23.66	Frank Womelsdorf	V35	M	4	Serpentine/Germany	24.88	24.88		

DT1.75K U20M										
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
1	46.18	Reuben Vaughan	U20	M	1	Chris King	Croydon	48.52	50.89	

2	29.42	Ramzan Mohsan	PB	U20	M	1	Paul Head	Newham & Essex Beagles	29.42	30.32	
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DT1.5K M55

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	27.30	Kevin Baker	V55	M	2	Crawley/Southern Counties Vets	30.95	31.62	

DT1.25K U15M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	34.70	Callum Taylor	PB U15	M	2	Malcolm Rogers	City of Portsmouth	34.70	34.70

DT1K X50

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
P	34.36	Tony Richards	V65	M	20	Highgate/Veterans/Croydon	38.15	42.77	✉
P	25.24	John Gilbert	V75	M	26	Invicta East Kent/Veterans/Southern Counties Vets	25.52	37.22	✉
P	20.87	Patrick Reynolds	SB V65	M	19	Veterans/Barnet/Ireland	20.87	23.62	✉
P	15.63	Tracey Brockbank	V50	W	4	Mike Ellis-Martin Brighton & Hove/Southern Counties Vets	17.05	17.05	✉
P	12.93	Kevin Burnett	V75	M	30	Striders of Croydon/Hercules Wimbledon	17.40	22.03	✉
P	12.13	Judith Carder	SB V60	W	12	Mike Ellis-Martin Brighton & Hove	12.13	13.25	✉

DT1K SM

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	20.36	Matthew Page	U13	M	Joanne Day	Havering	20.70	20.70	✉
2	18.32	Samuel Putt	PB	U13	M	Harlow AC	18.32	18.32	✉
3	13.35	Kevin Burnett	V75	M		Striders of Croydon/Hercules Wimbledon	17.40	22.03	✉
4	8.66	Robert Maggio	V70	M		Eton Manor/Eastern Masters	12.58	16.41	✉

DT1K SW

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	33.63	Katie Webb	U15	W	Neville Thompson	Dacorum & Tring/Shafesbury Barnet	34.88	36.82	
2	32.32	Olivia Austin	U15	W	David Callaway	Southampton	35.01	36.63	
3	31.40	Nicola Gregory	U23	W	Herbert Kuenstlinger	Bexley/Surrey Uni	33.49	38.26	
4	26.15	Freya Baker	U17	W	Bob Willows	Crawley	26.45	26.85	
5	21.69	Leah Halsey	U17	W		Radley	21.87	21.87	

6	19.45	Sophia Richardson	PB	U15	W		Thanet AC	19.45	22.98	
7	17.79	Katie Brennan		U15	W		Harlow AC	19.51	19.51	
8	13.88	Hel James	PB	V65	W		Serpentine/Hastings AC/Veterans	13.88	13.88	

DT0.75K U13W										
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
1	27.80	Katie Ennis	U13	W	2	John Duncan	Havering	30.58	30.58	
2	20.95	Emma Kimber	U13	W	2		Crawley	24.18	24.18	
3	16.22	Sophie Brennan	PB	U13	W	1	Harlow AC	16.22	19.56	

HT7.26K SM										
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
1	38.93	George Skevis	V35	M		Karl Lasis	Crawley	39.31	39.31	
2	31.02	Bernhard Jongejan	V45	M		Sabrina Mace	Walton/Netherlands	33.12	34.64	
3	15.24	Debashish Biswas	V35	M			Serpentine	16.89	19.88	
HT7.26K M35										
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
P	18.62	David Cull	PB	V35	M	2	Serpentine	18.62	18.62	
P	18.24	Frank Womelsdorf		V35	M	4	Serpentine/Germany	19.24	19.59	

HT6K SM										
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
1	41.59	Ramzan Mohsan	U20	M		Paul Head	Newham & Essex Beagles	41.93	45.40	
2	15.46	Richard Halsey	PB	V55	M	Alex Ahmet	Radley/Southern Counties Vets	15.46	15.46	

HT5K U17M										
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
1	47.66	Jamie Bonella-Duke	U17	M	1	Paul Dickenson	Reading AC	49.03	49.54	
HT5K M65										
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
P	27.11	Tony Richards		V65	M	5	Highgate/Veterans/Croydon	28.12	32.12	

P	17.71	Patrick Reynolds	V65	M	4	Veterans/Barnet/Ireland	19.30	22.12	
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HT4K SM

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	29.75	Thomas Kimber	PB U15	M		Crawley	29.75	29.75	
2	12.34	Robert Maggio	V70	M		Eton Manor/Eastern Masters	13.65	17.29	

HT4K M75

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
P	29.25	John Gilbert	V75	M	1	Invicta East Kent/Veterans/Southern Counties Vets	32.00	36.10	
P	14.16	Kevin Burnett	V75	M	5	Striders of Croydon/Hercules Wimbledon	15.14	19.96	

HT4K SW

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	17.94	Emma Croton	PB SEN	W		Brighton & Hove	17.94	17.94	

HT3K SW

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	40.71	Chloe Lipscomb	U15	W	Karl Lasis	Crawley	43.88	43.88	
2	34.68	Phoebe Broadhead	PB U15	W		Croydon	34.68	39.93	
3	26.28	Tracey Brockbank	PB V50	W	Mike Ellis-Martin	Brighton & Hove/Southern Counties Vets	26.28	29.18	
4	17.93	Sophia Richardson	PB U15	W		Thanet AC	17.93	17.93	
5	15.82	Sadie Werrett	SB U13	W	Martyn Blackwell	Bedford & County	15.82	18.58	
6	14.79	Katie Ennis	U13	W	John Duncan	Havering	18.37	18.37	

HT3K W50

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
P	22.96	Tracey Brockbank	V50	W	4 Mike Ellis-Martin	Brighton & Hove/Southern Counties Vets	26.28	29.18	
P	17.93	Judith Carder	PB V60	W	12 Mike Ellis-Martin	Brighton & Hove	17.93	17.93	

JT800 SM

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	38.10	Bernhard Jongejan	V45	M	Sabrina Mace	Walton/Netherlands	44.93	47.79	
2	37.64	Alex Tischler	U20	M		Herne Hill	43.32	43.32	

JT800 M35

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
P	32.02	Frank Womelsdorf	SB	V35	M	4	Serpentine/Germany	32.02	33.43	
P	30.98	David Cull		V35	M	2	Serpentine	32.43	32.43	

JT700 SM

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
2	36.84	Hal Hutton	U17	M		Havering	37.44	40.80	📧
1	28.65	Richard Halsey	V55	M	Alex Ahmet	Radley/Southern Counties Vets	30.22	34.78	📧

JT600 U15M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
1	50.25	Callum Taylor	U15	M	2	Malcolm Rogers	City of Portsmouth	52.23	61.91	
2	22.10	Matthew Page	SB U13	M	-1	Joanne Day	Havering	22.10	31.78	

JT600 M65

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
P	13.98	Patrick Reynolds	V65	M	4	Veterans/Barnet/Ireland	16.46	17.83	📧
P	NM	Tony Richards	V65	M	5	Highgate/Veterans/Croydon	34.32	37.71	📧

JT600 SW

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	38.30	Georgie Floyd	SEN	W		Hillingdon	43.96	43.96	📧
2	32.47	Emma Lawrence	U20	W	Keith Daws	Sutton & District	34.86	36.78	📧
3	7.57	Caroline Torry	PB V35	W		Serpentine	7.57	7.57	📧

JT500 X50

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
P	17.59	Tracey Brockbank	V50	W	4	Mike Ellis-Martin	Brighton & Hove/Southern Counties Vets	21.49	23.15	✉
P	17.23	Judith Carder	V60	W	12	Mike Ellis-Martin	Brighton & Hove	17.79	17.79	✉
P	10.47	Kevin Burnett	SB V75	M	30		Striders of Croydon/Hercules Wimbledon	10.47	18.24	✉
P	NM	John Gilbert	V75	M	26		Invicta East Kent/Veterans/Southern Counties Vets	25.35	29.27	✉

JT500 M70

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	9.80	Robert Maggio	V70	M	3	Eton Manor/Eastern Masters	10.98	10.98	

JT500 SW

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	39.39	Holly Hall	SB U17	W	Alison Alford	Hillingdon	39.39	40.34	
2	36.46	Jennifer Morgan	U17	W	Paul Morgan	Ipswich	43.41	43.99	
3	35.59	Emily Callaghan	PB U15	W	Jodie Albrow	Herne Hill	35.59	36.40	
4	22.16	Leah Halsey	U17	W		Radley	22.81	25.57	
5	10.45	Hel James	V65	W		Serpentine/Hastings AC/Veterans	10.92	12.46	

JT400 U13M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	31.96	Joel Hutton	PB U13	M	2	Havering	31.96	31.96	
2	28.37	Andrew Barrett	PB U13	M	2	Herne Hill	28.37	28.37	
3	22.30	Samuel Putt	U13	M	2	Harlow AC	22.94	22.94	
4	20.09	Finn Crumley	U13	M	1	Herne Hill	24.72	33.95	
5	18.75	Logan Putt	U13	M	2	Harlow AC	20.93	20.93	

JT400 U13W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	29.72	Sadie Werrett	PB U13	W	2	Martyn Blackwell	29.72	29.72	
2	19.00	Katie Ennis	U13	W	2	John Duncan	19.83	19.83	
3	14.86	Sophie Brennan	U13	W	1	Harlow AC	16.75	19.27	

PenWtM35 M35

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	1494	Frank Womelsdorf	PB V35	M	4	Serpentine/Germany	1494	1494	
2	1487	David Cull	PB V35	M	2	Serpentine	1487	1487	

PenWtM65 M65

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	2363	Tony Richards	V65	M	5	Highgate/Veterans/Croydon	3173	3193	

2	1669	Patrick Reynolds	PB	V65	M	4	Veterans/Barnet/Ireland	1669	1669	
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PenWtM75 M75										
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
1	2544	John Gilbert	PB	V75	M	1	Invicta East Kent/Veterans/Southern Counties Vets	2544	2544	
2	1259	Kevin Burnett	SB	V75	M	5	Striders of Croydon/Hercules Wimbledon	1259	1537	

PenWtW50 W50										
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
1	1856	Tracey Brockbank	SB	V50	W	4	Brighton & Hove/Southern Counties Vets	1856	1965	

PenWtW60 W60										
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
1	1919	Judith Carder	SB	V60	W	2	Brighton & Hove	1919	2030	